



NCJFA / PORTAGE PARK COUGARS

Players's Code of Conduct

Players are expected to conduct themselves in a responsible, respectable manner both on the field as well as in their community. The NCJFA has created the following guidelines in order to further these ideals:

Attendance

In order to participate at a competitive level, it is imperative to attend practice. It is during practice that players are instructed on skills and techniques that will minimize the possibility of injury, as well as the game plan for a given week.

- All players are expected to attend all scheduled practices and games.
- Playing time is linked to practice attendance, It is assumed that players attending practices will have a better knowledge of the game plan for a given week, and will receive more playing time than players that miss practice.
- Players missing more than one of the weekly scheduled practices after the first League game will see limited playing time during the next game.
- Players missing two-thirds of the scheduled practices will not participate in the next game.
- Players unable to attend practice are responsible for notifying one of their coaches prior to practice.
- Players not able to attend practice due to educational requirements, illness, injury or vacation will not be charged a missed practice subject to the coach's discretion.

Conduct

By joining the NCJFA / Portage Park Cougars, you are committing yourself as a representative of this organization, both on and off the field. As a representative, we ask that you:

- Remember that school always comes first. Make sure that you manage your time that your classwork maintains its priority over football.
- Be humble in victory and gracious in defeat.
- Treat teammates, coaches, opponents, officials, and fans with respect.
- Learn the game of football including the rules, plays, and the responsibilities of your position.

We also remind you that certain behavior is not tolerated, and can lead to warnings, penalties (during game time), suspensions and expulsions. These behaviors include but are not limited to:

- Criticizing other players, coaches and / or referees.
- Using obscene or vulgar language.
- Verbally intimidating other players / trash talking.
- Fighting.
- Using tobacco, alcohol, or illegal drugs.

All violations of the Code of Conduct will be reported to the NCJFA Board of Directors. Necessary disciplinary actions will be the decision of the NCJFA Board of Directors. All decisions are final.